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Eva La Rue of
CSI: Miami

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2 GET WIDE-AWAKE EYES

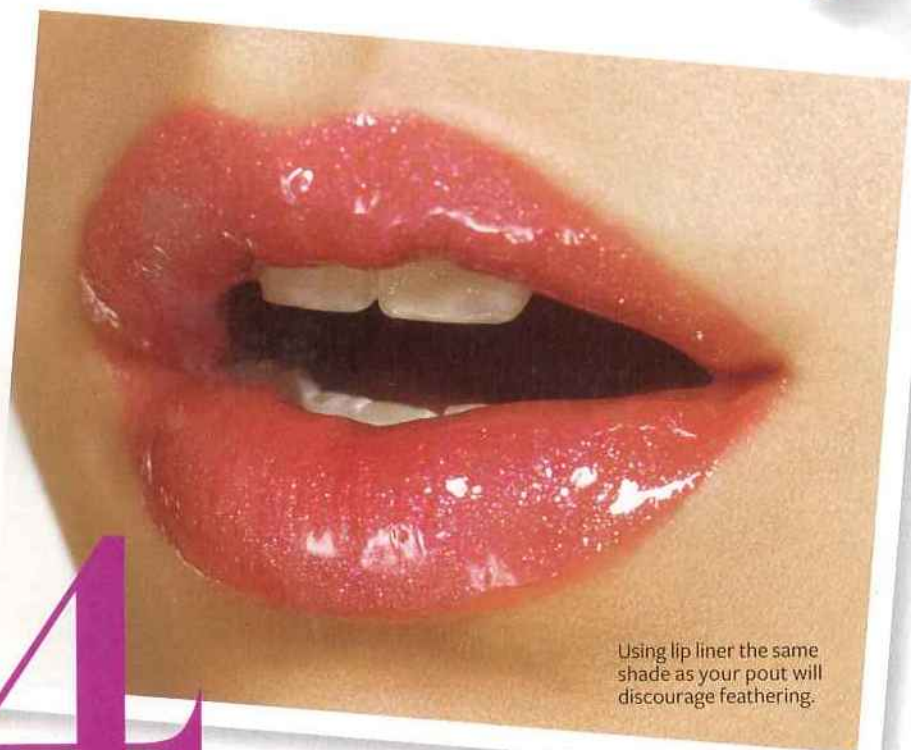
We know, we know. Get lots of sleep. How else to keep undereye bags and fine lines at bay? Store an eye cream or gel like Patricia Wexler De-Puff Eye gel (\$20; bathandbodyworks.com) in the fridge so it's cold when you apply it (which helps constrict blood vessels).



3 PREP FOR THE KISS

Brush lips daily with a damp toothbrush dipped in baking soda for a week before the wedding. "It gently removes flakes," says N.Y.C. dermatologist Francesca Fusco. Too busy to brush? Try a dedicated lip exfoliator in a tube. Follow with a hydrating lip balm to lock in moisture and prevent chapping.

Swissco natural bristle toothbrush, \$7; The Bathroom, 800-856-9223. Benefit Lipscription, \$32; benefitcosmetics.com.



Using lip liner the same shade as your pout will discourage feathering.

4 MAKE LIP GLOSS LAST

For lip gloss that stays put longer, "choose a formula that's not too sticky," says N.Y.C. makeup artist Kimara Ahnert, like her own Mint Lip Gloss Wand (\$23; kimara.com). After applying foundation to your lips as a primer, "brush on your gloss with a lip brush," she says. "It's far less likely to come off."



6 REACH COMPLEXION PERFECTION

Six to 12 months ahead of time, visit your dermatologist to map out a skin plan for your face and body. "Some issues, such as acne or hyperpigmentation, can take up to a year to improve," says Fusco. Then, to keep your skin in tip-top shape, begin a regimen of cleansing, weekly exfoliating and moisturizing at home. And don't forget to apply a daily SPF!

Clockwise from top: SK-II Facial Treatment Mask (\$85), SK-II Skin Refining Treatment (\$140), SK-II Facial Treatment Essence (\$95), SK-II Signs Wrinkle Serum (\$200); saksfifthavenue.com.

5 WHITEN YOUR SMILE

N.Y.C. cosmetic dentist Jonathan B. Levine recommends seeing a dentist at least two months before the big day. "You'll have enough time to get veneers or bonding if you need them," he says. If you have your teeth professionally whitened, make sure it's at least two weeks before the event—bleach can make them more sensitive to cold beverages like bubbly. Lastly, tuck Go Smile Ampoules in your clutch for on-the-go touch-ups. Go Smile Smile Whitening System, \$89; gosmile.com.

